

SIFEC 短期课程简章

SIFEC Short Course Overview

课程名称

风尚上海——时尚设计与文化探索（短期课程）

Course

Shanghai Fusion: Fashion Design & Culture Exploration (Short Course)

课程概览

- 学习时装设计，探索中国时尚文化
- 立足上海，提升技能、感知文化、拓展视野，享时装周独家观摩机会
- 面向海内外学员开放

Course Overview

- Learn fashion design and explore Chinese fashion culture
- Gain skills, immerse in heritage, and connect globally — all in Shanghai, the fashion capital of China, **with exclusive access to Shanghai Fashion Week**
- Welcoming teens and adults from China and around the world

学校简介

上海国际时尚教育中心（上海纺织工业职工大学）

上海纺织工业职工大学始创于 1955 年，是经上海市政府批准，国家教育部备案，以培养经济管理、工程技术和艺术设计人才为主的独立设置成人高校。学校 70 余年深耕于产业，培养了许多具有国际视野的各行业人才。校内已建立起以时尚学科为特色的多样化中外合作办学体系，并且与全日制本科院校共建二级学院。

上海纺织工业职工大学作为上海服装设计协会副会长单位，上海纺织协会副会长单位、上海服装行业协会理事单位及上海针织服装服饰行业协会副会长单位，在时尚领域具有深厚的行业影响力和领导地位。

学校不仅曾是世界技能大赛时装技术项目上海选手培养基地和上海市集训基地，还承办过各类全国性服装设计及制版大赛，持续引领行业人才培养标准的提升与发展。

同时学校是国际时装院校联盟(IFFTI)成员单位；每年与联盟中世界各知名时尚院校进行学术及管理交流；学校还承办以世界各大时装周为核心的国际游学，更是开展了“一带一路”国家时尚人才教育培训项目。是具备招收国际学生、签发来华留学生学习签证的主办院校。

About Us

Shanghai Textile Industry Workers' College (SIFEC)

Shanghai Textile Industry Workers' College (Shanghai International Fashion Education Center, “SIFEC”), founded in 1955, is an independent adult higher education institution approved by the Shanghai Municipal Government and registered with the Ministry of Education of China. SIFEC focuses on cultivating professionals in economic management, engineering, and art and design. With over 70 years of development in the industry, SIFEC has trained numerous professionals with international perspectives across various fields. It has established a diverse Sino-foreign cooperative education system with a distinctive focus on fashion disciplines and jointly runs secondary colleges with full-time undergraduate institutions.

With its leadership serving as Vice President of the Shanghai Fashion Designers Association,

Vice President of the Shanghai Textile Association, and Vice President of the Shanghai Knitting Garment & Accessories Industry Association, as well as a Governing Member of the Shanghai Garment Industry Association, SIFEC holds a strong influence and leadership position in the fashion industry.

SIFEC has not only served as the training base for Shanghai competitors and the municipal training center of the WorldSkills Fashion Technology competition, but has also hosted various national competitions in fashion design and garment pattern making, continuously setting benchmarks for talent cultivation and development in the industry.

SIFEC is a member of the International Foundation of Fashion Technology Institutes (IFFTI) and engages in academic and administrative exchanges with renowned fashion institutions worldwide. It also organizes international study tours centered around major global fashion weeks and carries out fashion talent training programs for countries involved in the Belt and Road Initiative. It is an authorized institution for enrolling international students and issuing study visas for foreign students coming to China.

课程说明

注：本课程为为期三周的进阶式研修项目，采用“时尚模块”与“文化模块”双轨并行的课程安排，贯穿从文化考察到创意实践的全过程。具体课程安排可能根据实际情况调整。

第一周：调研与灵感开发

- **时尚模块**
 - 学习中国元素在时尚史中的演变
 - 探索传统面料的现代设计应用
 - 实地考察展览与面料市场，调研潮流趋势
- **文化模块**
 - 掌握时尚场景实用汉语
 - 通过文化探访体验东方美学

第二周：创意开发阶段

- **时尚模块**
 - 运用拼贴艺术开发视觉概念
 - 立体剪裁技法入门
 - 参访本土时尚企业与工作室
- **文化模块**
 - 设计与生活等主题语言学习
 - 体验刺绣等非遗手工艺实践

第三周：成果创作与展示

- **时尚模块**
 - 面料染色、缝制与立体剪裁进阶技法
 - 完成成衣作品（成人）/作品集（青少年），参与结业展示
- **文化模块**
 - 研习书法艺术
 - 考察创意园区

Course Description

*This 3-week program follows a 3-phase structure integrating Fashion and Chinese Culture modules,

from research to creation. Program arrangements are subject to change.

Week 1 – Research & Inspiration

- **Fashion Module**
 - Introduction to fashion history with a focus on Chinese influences
 - Exploration of traditional fabrics and their contemporary applications
 - Field visits to exhibitions, fabric markets, and retail spaces for trend and market research
- **Chinese Culture Module**
 - Basic “Fashion & Lifestyle Chinese” for everyday and fashion-related communication
 - Cultural outings and activities introducing Chinese aesthetics and heritage

Week 2 – Creative Development

- **Fashion Module**
 - Development of visual concepts through collaging and creative illustration
 - Introduction to draping techniques and experimental garment construction
 - Industry visits to local fashion enterprises and workshops
- **Chinese Culture Module**
 - Themed language classes related to design and lifestyle
 - Hands-on experience with intangible cultural heritage crafts such as embroidery or traditional fabric arts

Week 3 – Final Creation & Presentation

- **Fashion Module**
 - Hands-on workshops in textile dyeing, sewing, and advanced draping
 - Final garment creation (for adults) or portfolio development (for teens), participation in course-end presentation
- **Chinese Culture Module**
 - Cultural calligraphy workshops
 - Creative district tours

招生对象

- 零基础或初学时尚者
- 对中国文化、时尚产业及时装设计感兴趣者
- 面向海内外学员开放，国籍不限

Who this course is for

- Beginners with no prior experience in fashion, as well as learners with some foundation
- Those interested in Chinese culture, fashion industry and fashion design
- Open to both Chinese and international applicants

学习收获

- 成衣（针对成人）/作品集（针对青少年）
- 上海国际时尚教育中心认证证书
- 提升时尚设计专业技能
- 积累上海时尚行业资源
- 深度体验中国传统文化

- 拓展全球学员社交网络

What you'll get

- A complete garment (for adults) or a portfolio (for teens)
- Certificate of completion issued by SIFEC
- Enhanced interest and skills in fashion design
- Potential industry connections within Shanghai's fashion scene
- Immersion in Chinese cultural heritage
- Friendships and networks from around the world

课程详情

- 招生要求: 持有效护照 (针对外籍学员)
- 班型设置: 5 人开班
- 授课形式: 现场教学
- 授课语言: 英语为主, 中文为辅 (带翻译)
- 授课地点: 上海市普陀区长寿路 652 号
- 授课时间: 周一至周五
- 开课时间: 全年滚动开班
- 课程费用: 28,800 元

注: 校内可提供住宿及餐饮服务, 费用另计

Program details

- Eligibility: A valid foreign passport (for international applicants)
- Class Scale: Minimum of 5
- Learning Mode: On-campus
- Language: English, supplemented with Chinese
- Location: 652 Changshou Road, Putuo District, Shanghai, China
- Schedule: From Monday to Friday
- Starting Time: Rolling enrollment on a yearly basis
- Tuition fee: RMB 28,800

**On-campus dormitory and dining options are available but not included in the tuition fee.*

申请方法

申请材料:

1. 填写申请表 (校方提供)
2. 护照信息页/身份证件扫描件
3. 最高学历证书扫描件
4. HSK 汉语水平考试证书 (针对外籍学员)

请将材料 2-4 压缩打包发送至招生邮箱: info@sifec.edu.cn

注: 根据需求可提供签证支持服务 (针对外籍学员)

How to Apply

Application Materials:

1. Complete the application form provided
2. Scanned copy of passport (valid page) / Chinese ID card
3. Scanned copy of highest degree
4. HSK Chinese Proficiency Certificate (if available)

Please send documents 2-4 in a compressed file to: info@sifec.edu.cn

**Visa support will be arranged as necessary.*

缴费方式

汇款/银行转账（账户信息如下）

户名: 上海纺织工业职工大学（上海纺织干部学校）

开户银行: 工商银行上海市长寿路支行

账号: 1001210009014452449

备注: 进行转账时请完整输入括号内户名全称，并注明与护照/身份证相符的全名。

Payment

Account Name: Shanghai Textile Industry Workers' College

Bank: Industrial and Commercial Bank of China (ICBC), Shanghai Putuo Branch

Account No.: 1001210009014452449

***Please include the full account name and your full name matching your passport / ID card when making the transfer.**

联系方式

上海纺织工业职工大学国际学院招生处

地址: 上海市普陀区长寿路 652 号 F 座 9 楼

邮箱: info@sifec.edu.cn

电话: +86-21-62778741

Contact Us

International Office, Shanghai International Fashion Education Center (SIFEC)

Address: 9F, Building F, 652 Changshou Road, Putuo District, Shanghai, China

E-mail: info@sifec.edu.cn

Tel.: +86-21-62778741

